



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# Wallingford Family YMCA Youth/Family GYM SCHEDULE January 7-April 21

## MONDAY

7:00-3:00PM Open Gym  
3:00-5:00PM ELMS/F2G/UB  
5:00-9:00PM Open Gym

## TUESDAY

7:00-9:00AM Open Gym  
9:00-12:00PM Gymnastics  
12:00-3:00PM Open Gym  
3:00-4:00PM ELMS/F2G/UB  
4:00-7:30PM Gymnastics  
7:30-9:00PM Open Gym

## WEDNESDAY

7:00-3:00PM Open Gym  
3:00-5:00PM ELMS/F2G/UB  
5:00-5:45PM Youth Class  
5:45-9:00PM Open Gym

## THURSDAY

7:00-9:00AM Open Gym  
9:00-12:00PM Gymnastics  
12:00-3:00PM Open Gym  
3:00-5:00PM ELMS/F2G/UB  
5:00-6:30PM Youth Classes  
6:30-9:00PM Open Gym

## FRIDAY

7:00-3:00PM Open Gym  
3:00-5:00PM ELMS/F2G/UB  
5:00-6:30PM Family Playtime  
6:30-9:00PM Open Gym

## SATURDAY

9:00-1:00PM Gymnastics  
1:00-2:30PM Open Gym  
2:30-3:30PM B-Day Parties  
3:30-5:00PM Open Gym

## SUNDAY

9:00-12:00PM Open Gym  
12:00-1:00PM B-day Parties  
1:00-2:30PM Open Gym  
2:30-3:30PM B-day Parties  
3:30-5:00PM Open Gym

### Youth/Family Gym Rules

- \*For ages 12 and under
- \*No dunking or hanging on the hoops/nets
- \*No food or drink
- \*Please put balls back in bag when done
- \*No spitting, swearing, or inappropriate language
- \*Any inappropriate use or abuse of the gym or equipment may result in termination of membership or guest privileges
- \*All rules, regulations, and schedule are subject to change at the discretion of the YMCA without notice.
- \*Have fun!!!!!!

