





WALLINGFORD FAMILY YMCA LAP POOL SCHEDULE FALL 2018: SEPTEMBER 4th - DECEMBER 16th

UPDATED
09/29/2018

SUN.	MON.	TUES.	WEDS.	THUR.	FRI.	SAT.
7:15-8:45am -- 1 Lap Swim 3 WFYD						5-6am -- 1 Adult Open 3 Lap Swim
8:45am-11am -- 1 Lesson 3 Lap Swim	4:30-10:30am -- 1 Adult Open 3 Lap Swim	4:30-10:30am -- 1 Adult Open 3 Lap Swim	4:30-10:30am -- 1 Adult Open 3 Lap Swim	4:30-10:30am -- 1 Adult Open 3 Lap Swim	4:30-10:30am -- 1 Adult Open 3 Lap Swim	6-8am -- 2 Lap Swim 2 WFYD
11am-2:30pm -- 1 Open Swim 3 Lap Lane	10:30-11:30am -- Water Aerobics 4 Lanes	10:30-11:30am -- Water Aerobics 4 Lanes	10:30-11:30am -- Water Aerobics 4 Lanes	10:30-11:30am -- Water Aerobics 4 Lanes	10:30-11:30am -- Water Aerobics 4 Lanes	8-9am -- 1 Lap Swim 3 WFYD
2:30-4:45pm -- 2 Open Swim 2 Lap Lane	11:30am-4:30pm 1 Adult Open 3 Lap Swim	11:30am-5pm 1 Adult Open 3 Lap Swim	11:30am-4pm 1 Adult Open 3 Lap Swim	11:30am-4pm 1 Adult Open 3 Lap Swim	11:30am-5pm 1 Adult Open 3 Lap Swim	9-10:10am -- 1 Adult Open 3 Lap Lane
 NOTICE: Birthday parties can take over OPEN SWIM time on weekends. Please call ahead to confirm.	4:30-8:15pm -- 4 WFYD	5-8:30pm -- 4 WFYD	4-8:45pm -- 4 WFYD	4-5:15pm -- 1 Lesson 3 Lap Swim	5-7:45pm -- 4 WFYD	10:10-12pm 1 Lesson 3 Lap Lane
	8:15-9pm -- 1 Lesson 3 Lap Swim	8:15-9pm -- 1 Adult Open 3 Lap Swim		8:15-9pm -- 1 Adult Open 3 Lap Swim	7:45-9pm -- 2 Open Swim 2 Lap Swim	12-4:45pm -- 2 Open Swim 2 Lap Lane
						NOTICE: Private Swim Lessons may occur during periods designated as ADULT OPEN, LAP SWIM, or OPEN SWIM. 

NOTICE: Swimming Lessons start on Monday, September 10th- sign up now! WFYD will start in full swing on Monday, September 17th. They will be holding tryouts and small practices until then Tuesday-Thursday, so please be aware that lap lanes may not be available.