

# RELEASE FORM

## WALLINGFORD FAMILY YMCA

NAME (PARENT NAME IF <18) \_\_\_\_\_ DOB \_\_\_\_\_  M  F

ADDRESS \_\_\_\_\_ CITY/ST/ZIP \_\_\_\_\_

PHONE \_\_\_\_\_ EMAIL \_\_\_\_\_

Please list any additional family members using facility:

NAME \_\_\_\_\_ BIRTHDATE \_\_\_\_\_ M/F \_\_\_\_\_ RELATIONSHIP \_\_\_\_\_

1) \_\_\_\_\_

2) \_\_\_\_\_

3) \_\_\_\_\_

4) \_\_\_\_\_

ARE YOU OR ANY FAMILY MEMBER LISTED REGISTERED AS A SEX OFFENDER IN ANY STATE?  YES  NO

EMERGENCY CONTACT (REQUIRED)

NAME \_\_\_\_\_ PHONE \_\_\_\_\_ RELATIONSHIP \_\_\_\_\_

I/We understand that each person, as a member or visitor, is solely responsible for any personal injuries or losses sustained while on any YMCA property or during any YMCA sponsored activities and that the YMCA is not responsible for any items that are lost or stolen. I/We do hereby assume full responsibility for any and all damages, injuries, or losses that I/we may sustain or incur, if any, while attending or participating in any YMCA exercise program and/or any visit to the YMCA. I/we hereby waive all claims against the Wallingford Family YMCA, its instructors, agents, staff, or partners of said program, individually, or otherwise, for any and all claims for injuries or damages that I/we may sustain. I/We understand that there is a risk of injury associated with participation in any YMCA activity or program and I/we certify that I am/we are in good physical condition and have no disabilities or other ailments that might hamper my/our participation.

I/We also agree to adhere to all of the Wallingford Family YMCA policies and the Code of Conduct. I/We understand that the violation on these policies may result in immediate removal from the facility without refund. I/We understand that the Wallingford Family YMCA reserves the right to take pictures and video of its participants for publications, website and other marketing purposes. I/We also understand that the email address provided may be used by the Wallingford Family YMCA to send information.

**Nationwide Members:** By participating in the YMCA Nationwide Membership Program, I agree to release the National Council of Young Men's Christian Associations of the United States of America, and its independent and autonomous member associations in the United States and Puerto Rico, from claims of negligence for bodily injury or death in connection with the use of YMCA facilities, and from any liability for other claims, including loss of property, to the fullest extent of the law.

I HAVE READ AND UNDERSTAND THE ABOVE TERMS AND DURATION OF THE AGREEMENT.

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

### -FOR STAFF USE ONLY-

VISITOR TYPE:  NATIONWIDE MEMBER  PROGRAM MEMBER  GUEST/DAY PASS

COPY OF PHOTO ID

COPY OF MEMBERSHIP CARD

IN NATIONWIDE SYSTEM?  YES  NO & CALLED TO VERIFY

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

## **WALLINGFORD FAMILY YMCA POLICIES**

[A full listing of policies and procedures is available on our website at [www.wallingfordymca.org/policies](http://www.wallingfordymca.org/policies).]

Everyone entering building must stop at Welcome Center. Visitors, guests and community participants must check in and sign visitor's log and liability waiver.

### **EAST SIDE FACILITY USE**

- Children over the age of 12 may use the YMCA without a parent/guardian.
- Children 8-11 years old must have a parent/guardian in the YMCA building.
- Children 7 and under must have a parent/guardian in the program area.

### **EAST SIDE HEALTH & WELLNESS**

- Children 11-12 years old may use the cardio equipment only with the close supervision of a parent/guardian.
- Children 13-14 years old may use the cardio equipment and select circuit equipment.
- Members over the age of 14 may use the free weight equipment.

### **EAST SIDE AQUATICS**

- Children under 12 must have a parent/guardian on deck.
- Children under 8 must have a parent/guardian in the water.
- NO inflatable swimming aids are allowed.
- Lap lanes are for lap swimming only.

### **WEST SIDE FACILITY USE**

- Children 11-12 years old may use the cardio equipment only with the close supervision of a parent/guardian.
- Children 13-14 years old may use the cardio equipment and select circuit equipment.
- Members/visitors over the age of 14 may use the free weight equipment.
- Children age 12 & under may use the basketball court until 2:30 pm on weekdays and until noon on weekends, with parental supervision.
- Children under the age of 13 are not allowed in the locker rooms. Children under age 18 may not use the steam room or sauna.

## **CODE OF CONDUCT**

At the Wallingford Family YMCA, we expect staff, members, volunteers and guests to act in accordance with our mission and values at all times by behaving in a mature & responsible way and respecting the rights & dignities of others. This is to ensure the safety and comfort of everyone in our facility or participating in our programs.

At the Wallingford Family YMCA, we demonstrate Caring, Honesty, Respect and Responsibility by:

Speaking in respectful tones · Refraining from the use of vulgar or derogatory language · Dressing appropriately for the YMCA program area or event · Never wearing clothing that reveals undergarments or contains offensive wording · Resolving conflicts in a respectful, honest and caring manner · Never resorting to physical contact or threatening gestures · Never carrying or concealing a weapon or anything that may be used as a weapon · Respecting the property of others · Never engaging in theft or destruction · Picking up after ourselves and one another · Cooperating with staff · Complying with all health and safety procedures

The YMCA is a drug, alcohol and smoke-free facility. Smoking, alcohol or drug use and/or being under the influence of drugs or alcohol on the premises is prohibited. No alcohol will be allowed on the premises unless at a sanctioned YMCA event.

Members and guests are encouraged to be responsible for their personal comfort and safety. Anyone who feels unsafe or uncomfortable should report the situation to a staff member. We will make every effort to investigate and resolve issues promptly, confidentially and effectively.

The YMCA reserves the right to cancel the membership of any member or suspend visitation privileges of any guest who does not follow the Code of Conduct at any time while on-site at a branch or during participation in any Y affiliated program or event, regardless of location. Staff members may define what is considered a breach of the Code of Conduct and will ask the violator to leave. All reported incidents will be reviewed by the Executive Director and the decision to suspend or terminate YMCA membership or visitation privileges will be made at the discretion of YMCA Management.