



# YMCA MISSION IMPACT

## The Wallingford Family YMCA responds to community need by.....

### ***Serving all incomes, ages and abilities***

- We served more than **7,650** people in diverse neighborhoods within the Greater Wallingford community. **We bring together young and old, men and women, people of all faiths, backgrounds and incomes.** No one is turned away for inability to pay. Scholarships, subsidies, and outreach provide critical access to low-income families.
- We provided over **\$249,536** in **financial assistance** for children, youth and families. This represents **7%** of total expenses.

### ***Serving vulnerable populations in our community***

- **Children:** Our YMCA serves **4,200** members – **39%** of those members are children and youth. The YMCA provides a wide range of activities to foster healthy, productive children including teen clubs, sports leagues, family nights, community service projects, nutritional programs and outreach intervention. All youth activities incorporate the YMCA core values of caring, honesty, respect and responsibility.
- **Low Income Families:** We are the largest providers of affordable child care in the Greater Wallingford Community. Each day we serve over **500 children** ages 6 weeks to 14 years old. We offer high-quality child care to working families regardless of ability to pay.
- **Active Older Adults:** One of the fastest growing segments of our membership are members over 60 years of age. We have partnered with Silver Sneakers to provide additional programming and services. To name a few, we provide water aerobics, land fitness and senior social trips specifically to meet the needs of that population.
- **Other Nonprofit Organizations:** We also provided **\$25,000** worth of space at little to no charge for school teams, outside clubs, nonprofits, and community service organizations to help them face broader community problems.

### ***Mobilizing community resources to meet community needs***

- **Locally Driven:** Our YMCA is created by the local community based on a regional needs assessment and is controlled by a local board of community volunteers.
- **Contributed Income:** Our YMCA receives **\$233,817** in support from annual community contributions which represents **6.6%** of our total revenue.
- **Volunteer Hours:** This year, our YMCA has mobilized **176** volunteers to serve the community. These volunteers contributed **\$92,384** worth of time to give back.
- **Key Partnerships:** Recognizing the importance of collaborations, our YMCA created key partnerships with the following organizations – Rotary Club of Wallingford, Wallingford Parks and Recreation, Wallingford Youth and Social Services, Wallingford Public Schools, Wallingford Health Department, Ulbrich Boys and Girls Club, Spanish Community Center of Wallingford, Wallingford Senior Center and the United Way of Meriden/Wallingford.
- **Relieving the Burden of Government:** Our YMCA received **\$125,000** in Government Funding, including grants, contracts and vouchers to provide front-line service in the areas of Child Care and Healthy Lifestyles that relieved the burden for government to provide many of these services.

### ***Promoting healthy lifestyles to prevent obesity***

- **Health Crisis/Childhood Obesity:** Our YMCA has a longstanding dedication to providing programs and services that build health of spirit, mind and body for all. Through a grant from the Robert Wood Johnson Foundation we have convened local leaders to focus on ways to help fight Childhood Obesity! We continue this commitment today by engaging and supporting children and all health seekers – individuals of all ages who wish to pursue a healthy lifestyle.

**Wallingford Family YMCA**

**We build Strong Kids, Strong Families, Strong Communities**

**81 South Elm Street, Wallingford, CT 06492**

**[www.wallingfordymca.org](http://www.wallingfordymca.org)**